



## Dr. Darcy Lord - Author, Speaker, Stress-Reduction Expert

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# Attention Meeting & Convention Planners

## Bring the Best to your Next Event!

Dr. Darcy Lord – fun, energetic motivational speaker – brings...

*~Stress Relief & Inspiration*

***The Ideal Professional Speaker & Trainer for your next conference or meeting!***

Why Conference & Meeting Planners love to book Dr. Darcy Lord:

- She will help make your event a success.
- She has over 25 years' experience as a speaker, consultant and trainer.
- Always competent, professional and easy to work with Dr. Lord makes your job easier. Audience members will thank you for the great event.
- Dr. Lord's passionate, enthusiastic speaking style combined with her expertise has consistently made for successful, impactful events.
- She understands the need for timely, efficient interactions and communication prior to the event.
- More than a mechanical speaker, she has a way of connecting with her audiences to bring them fully into the program.
- Dr. Lord knows the importance of the business end and will work with you to ensure the event is successful. She provides quality materials (fliers, brochures, etc.) to help with marketing your event.
- Audiences love her!





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# What You Can Expect for Your Audience

## *Your audience members will:*

- Be challenged to take 100% responsibility for their life
- Lessen time spent in criticism or negativity and increase happiness
- Be inspired to reach toward their potential
- Increase their productivity, creativity and focus at work and home
- Know tools to increase resiliency and decrease stress in real time
- Be able to access expanded intelligence for challenging situations
- Be refueled, refocused and re-energized

## *Employers - would you like to:*

- Lower individual and organizational stress levels?
- Increase employee engagement?
- Decrease costs associated with presenteeism?
- Increase work-life satisfaction?
- Increase employee creativity and focus?

## My commitments as a professional:

- I will respect the importance of ROI/VOI as I deliver programs that benefit audience and stakeholders.
- I will always care about making a difference in the lives of your audience.
- I will consistently grow my expertise and always be a leading authority in the Stress-Reduction field.
- I will deliver a high-content message with specific action steps your audience can use right away.
- I will be the "realest" and most authentic speaker you have ever experienced.
- I will continue to utilize the same principles I teach so that my own happiness and well-being are contagious catalysts for all who hear me.